

# **Some Notes from the Fights (2020)**

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This document presents a series of reflective notes and observations focused on spiritual, metaphysical, and astral experiences, exploring themes of mental control, possession, and energy dynamics. It also delves into symbolic interpretations of words and bodily sensations, with a tone that blends personal insight and esoteric inquiry.

- **Majority vibration caution:** The author advises against allowing the majority of another's vibration into oneself, suggesting that small amounts are manageable but large amounts can be overwhelming.
- **Astral interactions and control:** There are mentions of astral beings influencing physical individuals, including giving instructions and direct control, and the presence of mental prisons and possession attempts.
- **Physical and etheric body part manipulation:** The author describes experiences of etheric body part snatching, including genitals, and efforts to hold bodily regions better to prevent such interference.
- **Heartburn as a weapon:** Heartburn is depicted as a significant source of pain used by controlling forces, possibly linked to astral manipulation that affects the stomach and intestines.
- **Breaking control links:** The document notes that many people have removed their links to the author, leading to greater freedom from control spells, with attempts by others to reassert these links being countered.
- **Symbolic word play and meanings:** The author explores reversed or phonetically altered words to find hidden meanings or connections, such as "passport," "bulldoze," and "philosophy," linking them to broader metaphysical concepts.
- **Body sensations and elemental associations:** Specific bodily sensations like hunger, thirst, and esophagus function are personified with unique names, suggesting a symbolic system tied to physical and astral health.
- **Resistance to possession and protection techniques:** The author describes fine-tuning possession detection and prevention methods, including the use of biphasing and heartburn protection to guard against astral attacks.
- **Reflection on consciousness and mechanics:** There are contemplations on mechanical breakdowns, consciousness, and the interplay between mental and physical states, often illustrated through word inversions and phonetic explorations.

4/16/2020

10% 20% Majority rules. "Never allow another the majority of your vibration - a little often covers it. Never allow a majority of another's vibration into you - a lot often blows it.

All-Rights Access if you've "touched their genitals", "been touched by this or that person", "had sex, even from afar, just once" "love them" HA! INFINITE REGRESS. Such all access rights would be debated across humanity - devastated in time.

4/30/2020

Block siddhi - using breain semi automatically

Astrals coming to physicals outside to give them instructions (also direct controlling)

A woman using her morph/reality powers on/in astral and "higher mental part"???

Staring at me. Again. and Again. All the time at times.

Mental prisoners in cages built of thought.

"Controller's Prison"-----not unlike-----"Helper's Prison"

Being blamed and blaming grows tiresome.

A lady friend and I being drawn into poverty wars over food, smoke, and drink. (primarily) "in order to help her???"

Wanted me dead to become experts on my dead corpse???

Best thing - mental seeds real or no - I think now not - their astrals have nominalized and could now - actually make their own mental bodies.

5/9/2020

New astral detection and removal - saw them for the first time "like flies"

Biphasing was limited to left and right somehow.

"tonight leave it out"

Biphasing brought into heart burn protection and possession prevention

5/10/2020

Possession fine tuned - see for first time faces or flies?

Heartburn absolute hurting almost over - their greatest weapon to keep their hold over snatched parts (etherical grabs) then will stomach to hold stomach acid a little better - a little better - until it holds it all fine - eat more or eat less - whatever - (perhaps it is eating too much X or too little Y - also in diet everyone's different)

Looking at eyes -> allowed them to see through me

Looking at my ears -> enabled hearing through me??

How did they do those at once - could they only choose one at a time?

**Socks reveal black smoke.**

5/14/2020

Many people removed their links to me.

Many also realized greater freedom from those that made them put them there - control spells are breaking.

Some may have been fake or checks - though even resistant ones may have been removed.

They tried to reassert the functions of these removed links - but when I caught the overall motion of one's reassertion - I was able to pull on the opposite.

Caught etherical body part snatching three times - the third time I caught a generalized, larger "catch" - it's like a sliding double lined slash that gets the body parts to separate etherically.

5/14/2020

I keep catching the "four donkeys" trying to give me heart burn - and attempting to make others curse me with them. They appear to hold out their left hands at me, fingers stretched. Found out they had to be lining me up to make it work well - between two of them. Also, found out they may have, over time, moved my intestines tighter into my chest, putting more pressure on to my stomach - doubling/tripling (not sure) my intestines over each other perhaps.

Esophagus - sig officer

Stomach acid - dica chamots

Hunger - regnuh

Thirst - tsriht - s'wrt

5/14/2020

5-8-10 S A T A N - five eats ten

NATASHA STRONGS!!!!!!!!!! Hehehe no way! AGAIN??  
YESSSSS!!!!!!!!!!!!!!!!!!!!!! Just playing....right?

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Someone constantly trying to sex me up from afar by snatching my etherical genitals - this could be the major attention grabber (I have been wondering about)....

**Hold throat better. Hold junk better. Hold, also, tummy/navel and anus/rectum better. They mutually support each other.**

Swapping pain for ("healing") "health" actively to feel less/no pain.

Actively doing this as a constant necessity to avoid their suffering.

Would it have to be a body part?

How could I stop this from happening to me?

How can we 'kill a plague' on the spot, in ourselves or in others?

*We need more Claire Bennetts.*

*(in the South East - especially Lower Alabama)*

5/17/2020

"Passport" - they build an image of you - in you - and then possess it to hide from you. Also, we sometimes have trouble seeing ourselves - much less in the menageries of our own memories of ourselves.

Bulldoze - ez-to-love

Bulldozer - r-ez-to-lub

Chair - reich - reign etc.

MyBlu - Dull-Beam

Tobacco - occabot - knock a butt

5/18/2020

No more automatic permission for "impulse kicking" or "kicks"

Is looping me in kicks

Eslupmi gnikick

Machines - mechanical - break downs and fixes almost inevitable

Lackin' a chem      Mechanicalness

Sin-lackin' a chemical

Consciousness - sin serious knock

Machine/Machinehood      do-any-cam

Enihcam - any cam

Mudra - ar dum

Gnosis - sing song

Imagery - origami

Half - fail ha - fellah - fell ah

Deb - devil/"double"

Food - doof

Angina Pectoris - "sorry to accept a nigga" - sirotcep anigna

Chest pain - nape nip - tsech - t'suck

Acid reflux disease - esaesid suffer/xulfer dica

Nigga - again'

Age - Gay

Saggin' - Niggas

Shushumna - an mush mush

Ida - adi?

Pingala - ?

Meridians - soon aid will come - snaidirem

Centre - hurt neck

Centrum - mur to neck

Center - reconnect - redneck

Intellectual - allow-to-kill-it-now - lautcellitmi - a loud cell at me

Emotional - lanoitome - lay it on me - lot of money - lot of tome

Physical - Lack a sip

Movement - tnemevom - to name a volume

Moving - gni-mov - any volume

5/18/2020

Batteries - sorry tab - Siri tab

Silence - ec-n-ellis - ecn-elis

O2 - OUT-O

Air - RIse and fAll

Sigh thwap - paws the eyes

Sigh no more - eromon eyes - the roaming eyes

Passport - troop sap

Travel - leave art

Sap tresspass - sap sert cert - saps Earth

5/18/2020

Pack - KPac Cap KCap

Spark - Kraps -s - s'

Fallacy - is a laugh

Fallacious - serious a laugh?

Philosophy - a piece of lip

Thought - too-goo-ought

Thinking - gnikniht - neat knit

Whatever - revert to all - revetaw

Anyways - say aw in ya

O'GIG

Hilly billies for mumbo jumbo

They can put anything into a machine and reverse it. Even paper or pencil could be called machines! This is also known as "GIGO" - "Garbage In - Garbage Out"

Remember pairs aren't always in backwards magics - that each one can only have one true answer - and all of this is just notes that you have been reading. I hope all readers may find some positive, helpful uses to all of this material.

WEN	WHEN	WIN
WEINER	WINNER	WHINER

New? WHEN? Now? WOOOON!

(for whoever could remember when now was ever new?)

Mother - read to me

Innured - derunni

Running - an innur

***Sometimes - some-e-time-os***

Thank you a lot, and good luck!

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